

JL Cares can help find a local charity that would love to have you as a volunteer. Whether you have a little spare time each week or once or twice a month, agencies in our Jupiter, Tequesta and Palm Beach Gardens areas have tasks where your help would be greatly appreciated. Agencies we can connect you with, who could use your help include:

**Agencies Dealing with Children**

- \* *The ARC of the Palm Beaches*: Assisting young people with disabilities.
- \* *Edna Runner Tutorial Center*: After school tutoring or assisting with special activities, ages 5-12.
- \* *Thelma Pitman Preschool*: Reading partners, ages birth-5.
- \* *Junior Achievement*: Teaching life skill programs, Jr. and Sr. High School.
- \* *Jupiter Elementary School*: Help in classroom, ages K-2<sup>nd</sup> grade
- \* *Guardian ad Litem*: Advocating for a child in the court system.

**Agencies Dealing with Adults**

- \* *Alzheimer Community Care*: Assist in senior citizen activities to give caregivers a break.
- \* *El Sol*: Help serve breakfast and/or lunch to transient low income workers.
- \* *Renewal Coalition*: Providing wounded Service Men and Women a family vacation.

**Agencies Dealing with Health**

- \* *My Clinic*: Assist with providing medical care for locals who have no insurance, Spanish interpreters and former medical staffers needed.
- \* *Jupiter Medical Center*: Assist nurses, transportation providers for low income out-patients, greeters, Gift Shop personnel.

**Miscellaneous Agencies**

- \* *Jupiter Inlet Lighthouse and Museum*: Docent, assist with fundraising events.
- \* *Busch Wildlife Sanctuary*: Assist in care of injured wildlife, presenting educational programs.
- \* *Habitat for Humanities*: Assist in Tequesta Resale Shop.
- \* *Palm Beach Harvest*: Food transporter: pick up leftovers from supermarkets and restaurants and take to shelters.
- \* *St. Vincent de Paul*: Make home visits to evaluate and recommend assistance.

Volunteering is good for your heart! To get involved, contact Susan Heher, Volunteer Coordinator for JL Cares, and find out more about connecting with one of these charities. You can reach Susan by email at [susanheher7010@gmail.com](mailto:susanheher7010@gmail.com).

*The unselfish effort to bring cheer to others will be the beginning of a happier life for ourselves.*  
— Helen Keller

***We invite ALL Jonathan's Landing residents to participate in JL Cares.***